**APPLICATION FORM**

**THE SPIRITUAL EXERCISES OF ST. IGNATIUS OF LOYOLA**

**The 19th Annotation Retreat**

# Dear Applicant,

Thank you for applying to make *The 19th* *Annotation* *Retreat*, also known as the *Spiritual Exercises in Daily Life.*

A retreatant pledges to pray an hour daily, see a spiritual director once a week, and keep a journal noting both God’s activity and his or her response during the time of prayer.

The length of the retreat depends on the activity of the Spirit, the retreatant, and the director. The retreat usually extends over seven or eight months.

In addition to this application please send to The Jesuit Retreat Center [information below]:

1. Statement from your spiritual director indicating your participation and your length of time in spiritual direction as well as your director’s opinion regarding your readiness to make the retreat.

1. Two (2) letters of recommendation from people who know you well as a person of faith.

These materials must be received before any action can be taken regarding your application.

We suggest a fee of $1500 (approximately $50/session) to cover the cost of the retreat. Checks should be made payable to *The Jesuit Retreat Center*.

**The Jesuit Retreat Center**

**Attn: 19th Annotation**

**300 Manresa Way**

**Los Altos, CA 94022-4659**

**Ph (650) 917-4000**

**F (650) 948-0640**

**retreat@jrclosaltos.org**

**www.jrclosaltos.org**

Name: Click here to enter text.

Address: Click here to enter text.

City: Click here to enter text. State: Click here to enter text. Zip: Click here to enter text.

Preferred Phone: Click here to enter text.

Email: Click here to enter text.

Have you made a retreat here before?  Yes  No

Do you have any mobility or dietary restrictions? Please specify and note that we are not able to accommodate all dietary requests. Click here to enter text.

Emergency Contact Name: Click here to enter text. Phone Number: Click here to enter text.

Relationship: Click here to enter text.

Please respond to each question below ***as fully as possible***. More is better than less.

1. What kind of work or activity are you engaged in?

Click here to enter text.

1. Are you involved in ministry of any kind? Please describe.

Click here to enter text.

1. Each of us has major moments in our history — highs and lows, lights and shadows, moments of freedom and lack of freedom. Please submit a brief personal and spiritual autobiography about these moments, especially as regards your family, education, relationships, ministry, and more.

Click here to enter text.

1. Describe your experience of receiving spiritual direction. What do you talk about in spiritual direction? In what ways do you find it helpful? Are you comfortable in this setting? How often do you receive direction?

Click here to enter text.

1. Have you made an individually directed retreat before? If so, what occasioned the retreat? Where and when did you make it? Was the retreat helpful?

Click here to enter text.

1. Why do you pray? How do you pray? How much time do you spend in prayer? What do you pray about? How often do you pray?

Click here to enter text.

1. Why are you considering making the Exercises at this particular time in your life? What hopes and desires, challenges and difficulties are prompting you to make the Spiritual Exercises at this time? What do you seek? How do you think the Exercises might be helpful to you at this time?

Click here to enter text.

1. The Spiritual Exercises of St. Ignatius employ different modes and methods of praying — imagination, memory, contemplation, reason — to name a few. Each of these methods of prayer fosters graces characteristic of the Spiritual Exercises. Are you comfortable using these forms of prayer during the course of the Exercises?

Click here to enter text.

1. Please comment on the place of communal worship in your life. For Roman Catholics, the place of Eucharist (Mass), the Sacrament of Reconciliation, and the place of the Church in your life.

Click here to enter text.

1. Do you have any limiting conditions that may affect your making this retreat — e.g., psychological, emotional, and/or physical?

Click here to enter text.

1. Are you now or have you ever been in psychological therapy? Please explain.

Click here to enter text.